

RONALD R. PARKS, M.D. PLLC
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Practice Information, Policies and Consent Form

The Center for Integrative Medicine and Psychiatry offers the medical and health-care services of Ronald R. Parks, MD, PLLC, its employees and staff. Dr. Parks provides both established and alternative approaches to treating physical and emotional problems.

After a complete evaluation, Dr. Parks will recommend a comprehensive treatment program, which may include the scheduling of follow-up appointments. At any point during your program, however, if you wish to do so, you should feel free to seek treatment from any additional health care professionals. Dr. Parks does not discourage patients from considering other alternatives or standard therapies.

I understand that Dr. Parks' Integrative Medicine and Psychiatry practice uses some diagnostic and treatment methods that are known as integrative, or less commonly known as alternative, holistic or complementary. Some of these methods have not been accepted by consensus mainstream medicine.

Although prescription and over-the-counter medications are used when the physician believes it is necessary, an attempt is first made to use natural alternatives or products that are natural to the body. These include nutritional supplements such as vitamins, minerals, enzymes, amino acids, essential fatty acids, herbs and natural hormones.

Because Dr. Parks looks for imbalances in the body and for trends that may result in illness if not addressed, our office sometimes order tests that may be considered by consensus mainstream medicine to be either unnecessary or of no value. These may include tests for nutritional and health status, such as blood levels or functional tests for vitamins or minerals, hormonal levels, tests for allergies, environmental factors and use of elimination diets. Testing for heavy metal toxicity as Mercury is done by hair, urine or stool analysis. Intestinal function is assessed by special tests of digestion and stool analysis.

The office supports and encourages your full participation in all aspects of your health care. This includes any decisions about diagnostic procedures and treatment choices. The office encourages consultation with mainstream medicine practitioners and the use of any other approach a person feels necessary in reaching health goals.

Dr. Parks' practice is exclusively an office based consulting practice. He does not routinely do hospital work, perform emergency medical services or provide after office hour care. Additionally, some patients come long distances to receive care at his office. Consequently, the office strongly recommends that in addition to his care, that you maintain a relationship with one or more physicians appropriate to your condition and situation. For example, most of you may want to have a relationship with a family physician or a pediatrician in the case of children. A patient with a severe heart or diabetic condition should have either a cardiologist, an internist or both. Dr. Parks is happy to cooperate with any physician who is willing to work with him. For emergency services if Dr. Parks is not immediately available, call 911, go to your nearest emergency room or contact your primary care physician.

(PLEASE TURN OVER)

Dr. Parks makes no representations, claims or guarantees that you will be helped with your medical problems or conditions by undergoing treatment here. However, he will do his best to help you to accomplish your health care and wellness goals.

In our office, some recommended nutritional supplements and products are made available for our patients' convenience, and to help insure the highest quality at a reasonable cost. Please let us know if you find this not to be the case. Mail order services are also available from our office. The Center for Integrative Medicine and Psychiatry has no financial interest in any of the manufactures of the products that are provided. You are in no way obligated to purchase products from this office. You should feel free to obtain *any* recommended products from *any* source that you may choose.

Most health insurance plans today have clauses, which limits coverage to "usual and customary fees for reasonable and necessary services." Because consensus mainstream medicine does not recognize some of the treatments used in Integrative Medicine and Psychiatry, the office cannot guarantee the amount or availability of coverage for our services and treatments under your health care insurance policy. You are responsible for payment of our charges at the time of service without regards to insurance coverage, unless special arrangements are made with Dr. Parks. For services and/or office visits, you may make payment by check, cash or credit card. If insurance coverage is available for the services rendered, the office will be glad to provide a receipt with the required information, which you can attach to an insurance claim form and mail into your insurance company. You will be responsible for the cost of any special reports that require Dr. Parks' professional time on your behalf to insurance companies or others. Dr. Parks has currently opted out of Medicare, so claims cannot be submitted to Medicare for reimbursement. You are entitled to know the cost of all services and procedures in advance. Please ask if this information is not clear to you and you have further questions.

Appointments and consultations are scheduled in advance for the agreed upon amount of time. If sessions are extended, you will be responsible for any additional fees for the longer service. As appointments and consultations are reserved for the requested amount of time, a charge will be made for any missed appointments not canceled 24 hours in advance for established patients, and 72 hours for a new patient. Calls to the doctor, outside of scheduled appointment time, lasting more than five minutes, may be charged as consultation time according to the amount of time utilized. Dr. Parks does telephone consultations for individuals that live outside the area. These consultations, for people not seen in the office, are educational in nature only and are not intended for treatment or diagnosis of any condition. Any additional service that you request of Dr. Parks outside of appointment time, such as Dr. Parks consulting with other individuals or specialists on your behalf, will be charged to you as consultation time. Any services or communications with Dr. Parks are considered confidential; any disclosure of information and/or records, related to your care, will only be done by your authorization, request and approval.

I agree that if I ever have any claims with respect to the services and treatment given me by Ronald R. Parks, MD, PLLC, and his employees or staff, that they shall be judged by the standards and principles of integrative medicine and psychiatry, and not by the standards and principles of other specialties in consensus mainstream medicine. I understand that I have the right to review this consent with a lawyer, if I choose, before accepting any medical services from Ronald R. Parks, MD, PLLC. I have executed this consent freely and willingly, and understand its provisions. I have read, understand and agreed to the above. I recognize that Ronald R. Parks, MD, PLLC will rely upon my execution of this document in accepting me as the patient. I acknowledge receipt of a copy of this consent.

Date: _____

Signature: _____

Printed Name: _____